



Women & Leadership: Women Supporting Women

In the workplace, women can often be in conflict with each other, competing for coveted roles, and struggling to balance their feminine identities with masculine workplace traditions. Research on group dynamics gets to the root of why women are naturally set up to be at odds in this setting. But women can successfully support one another, leverage each other's strengths, and amplify each other's power for greater results.

Workshop Description

In this course, participants learn how to investigate the assumptions and biases underlying the women vs women paradigm. Examining both personal and external behaviors, participants learn skills to move beyond the blaming to mentorship and trust. We will also teach the tools necessary to make changes in the organization to support a more supportive and collaborative approach to leadership.

Workshop Impact

Participants will achieve the following learning objectives:

- Understand the source of conflict and underlying assumptions
- Learn to reframe core assumptions to create new opportunities to connect
- Develop a new mindset about supporting other women
- Practice having direct conversations to eliminate invalid assumptions

WORKSHOP FORMAT

Attendee:	Mid to late-stage career women
Duration:	90 minutes
Format:	In-person (or virtual); 40-50 attendees
Materials:	Self-quiz, Worksheets
Optional Follow up:	Small Group Meetings, Webinars, Coaching

About Orange Grove Consulting

Orange Grove Consulting specializes in research-based women's leadership training and organizational change that improves recruitment, retention and promotion of women across an organization. We address limiting aspects of the current talent pipeline with a focus on addressing the unconscious biases women have about themselves. Our end goal is to create more innovative and productive workplaces.

Our suite of Women's Leadership Master Classes uniquely addresses the underlying assumptions of what it means to be a high potential woman. We help develop more confident leaders and key influencers. Women emerge from these courses with a clearer vision of career success and a new set of advanced leadership skills to help them accomplish their goals.

For More Information

For more information or to book a workshop, please contact Celina Guerrero, Director of Business Development at celina@orangegroveconsulting.com or visit www.orangegroveconsulting.com.