



Women & Leadership: Moving from Perfection to Action

Research shows that ambitious women are their worst enemies when it comes to promotions because they feel they “must” be perfect before taking a new role or job. Seeking perfection in everything they do blocks creativity and growth. Too often women hyper- focus on perfecting every tactical move and detail and then lose sight of what’s really important. Although perfection is perceived as a noble goal, it typically does not help land a bigger office or a fatter paycheck and can waste precious time and energy.

Workshop Description

In this workshop, participants rationalize through the problems of perfectionism and make a case for a new modus operandi – being “a work in progress.” They learn to recognize the trappings of perfectionism and choose when it is appropriate to “punt.” They learn to prioritize where to focus their effort and negotiate expectations of outcomes. Participants will use case studies and real world examples to build their own comfort with imperfection and develop the confidence to support other women as well.

Workshop Impact

Participants will achieve the following learning objectives:

- How to prioritize and set expectations to showcase your impact
- How to recognize the trappings of perfectionism
- Learn to prioritize time & energy more effectively
- Practice learning how to complete a task “well enough

WORKSHOP FORMAT

Attendee:	All stages of career
Duration:	90 minutes
Format:	In-person (or virtual); 20-50 attendees
Materials:	Self-assessment, Worksheets
Optional	Accountability Partners,
Follow Up:	Webinars, Coaching

About Orange Grove Consulting

Orange Grove Consulting specializes in research-based women’s leadership training and organizational change that improves recruitment, retention and promotion of women across an organization. We address limiting aspects of the current talent pipeline with a focus on addressing the unconscious biases women have about themselves. Our end goal is to create more innovative and productive workplaces.

Our suite of Women’s Leadership Master Classes uniquely addresses the underlying assumptions of what it means to be a high potential woman. We help develop more confident leaders and key influencers. Women emerge from these courses with a clearer vision of career success and a new set of advanced leadership skills to help them accomplish their goals.

For More Information

For more information or to book a workshop, please contact Celina Guerrero, Director of Business Development at celina@orangegroveconsulting.com or visit www.orangegroveconsulting.com.